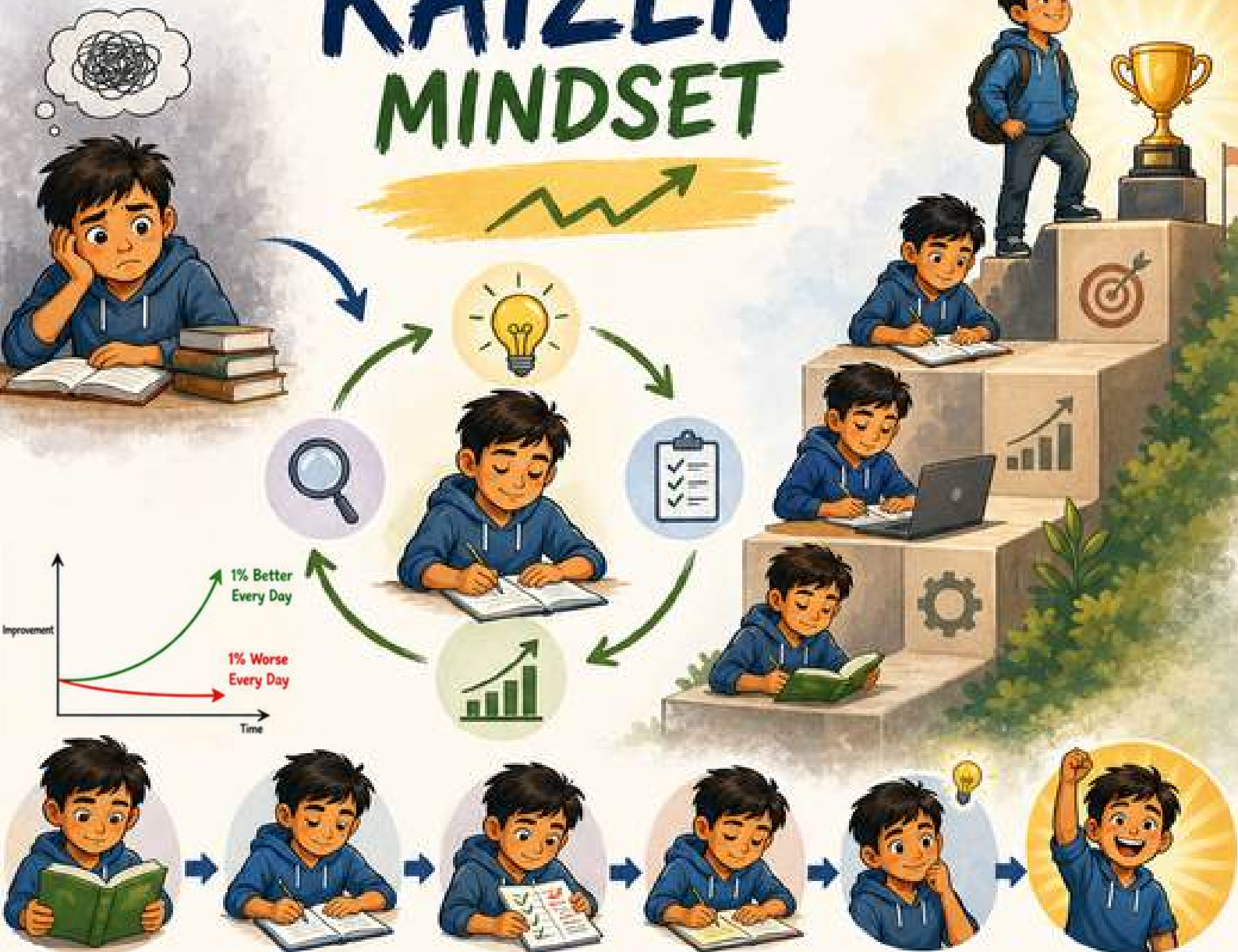




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Transition from Information to Knowledge to Experience to Wisdom (IKEW)

A Devrukh Spiritual Prowess Pvt Ltd (DSPPL) initiative

This newsletter is specially for all students, teachers and parents. As Ajit Telang Sir used to say that the education of a student is a social triangle. Unless, teachers and parents do not form "perfect" angle, the educational triangle can never achieve the ideal "equilateral triangle" combination.



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Ajit Telang Sir - Our Inspiration!



॥ सुभाषित बोध ॥

- Vinaya Deo, Pune

DSPPL



न स्थातव्यं न गन्तव्यं दुर्जनेन समं क्वचित् ।
काकस्य सहवासेन विनष्टो राजहंसकः ॥

अन्वय - दुर्जनेन समं क्वचित् न स्थातव्यं न गन्तव्यं । काकस्य सहवासेन राजहंसकः विनष्टः ॥

अर्थ - दुर्जन या दुष्ट व्यक्ति के साथ कभी भी, किधरभी जाना नहीं, और उसके साथ कभी कोई सम्बन्ध रखना नहीं, कौए के साथ दोस्ती के कारण राजहंस का विनाश हुवा ।

इससुभाषित मैं कवी, दुःसंगति क्यों त्याज्य है, ये बताने की कोशिश कर रहा है । क्योंकि दुष्ट व्यक्ति दुष्कर्म ही करता है और उसका दुष्परिणाम उसके साथ रहनेवाले को सहना पड़ता है । ये जानकर भी व्यक्ति दुःसंगत नहीं छोड़ता । इसका क्या कारण है ? भ्रम, अहम्, लोभ, झूठा मान, परिणाम का विचार न करना, इन्ही कारणों से दुःसंगति त्यागने की इच्छा नहीं होती । अज्ञानवश कुम्भकर्ण रावण को नहीं छोड़ता, श्रीकृष्ण के समझने के बावजूद अहंकार के कारण कर्ण, दुर्योधन का साथ नहीं छोड़ता । इसके विरुद्ध करुणावश अर्जुन युद्धमें गुरु, भ्राता, चाचा आदि कौरवों को मारने के लिए राजी नहीं था । विषाद से उसका मन ग्रस्त हो गया । रणसंग्राम के बीचों बीच गलितगात्र होकर वो भूमि पर बैठ गया । मगर श्रीकृष्ण जैसा सत्संग पाने के कारण उसका "मोह" नष्ट हो गया । और धर्मयुद्ध के लिए वो उद्युक्त हो गया । भगवान के सहवास और आज्ञापालन से धर्म का विजय हो गया और शकुनि के सहवास से मत्सरी दुर्योधन पुरे कुटुंब के विनाश का कारण बन गया । धृतराष्ट्रने तो न विदुरजी का कहना माना, ना श्रीकृष्ण का । पुत्रप्रेम के लोभ में वो शकुनि के छल और कपट के जाल में फस गया और कुरु-कुल के सर्वनाश का कारण बन गया । इसके विपरीत, राक्षस कुलोत्पन्न विभीषण प्रभु श्रीराम का भक्त बना । बंधू रावण को सत्य समझाने की कोशिश की । पर जब रावण ने वो सब सुनने से इंकार कर दिया, तो फिर धर्मपथ का चुनाव करते हुए विभीषण सगे भाई को छोड़कर, उसका त्याग करके श्रीराम जी के पासआया । इसके लिए धैर्य चाहिए । धर्म तत्व सूक्ष्म जरूर है , पर वो अपने अहंकार से बहुत बड़ा है । त्याग "सगे भाई"का नहीं है, "अधर्म के पक्ष" का त्याग है । यह सूक्ष्म बात विभीषण समझ पाया, लेकिन श्रीकृष्ण को मानने वाला, समझने वाला कर्ण दुर्योधन को छोड़ने की हिम्मत नहींदिखा सका । दुःसंग का फल परिणामवश उसे भुगतना ही पड़ा ।





Continued...

बोधकथा - एक हंस और काक के सहवास की ये कथा है। पम्पा सरोवर के समीप बड़ा वृक्ष था। दोपहर का समय था। धूपसे त्रस्त हंस छाव के लिए वह आया। साथ में कौवा भी था।

उसी समय कोई यात्रिक बहुत थका हुआ था, वो इस पेड़ के नीचे सोने के लिए आ गया। धीरे-धीरे सूरज मस्तक पर आ गया। यात्रिक के मुख पर धूप आ रही थी। यह देखकर कृपालु हंसने, जो ऊपर डालीपर बैठा था, अपनेदोनों पंखों की मदद से, दोनों पंख फैला कर यात्रिक के मुख पर छाया डाल दी। थकान के कारण यात्रीक अपना मुंह खोलकर ही सो गया था। कौवे ने यह देखा। पर दूसरे का सुख उसे अच्छा नहीं लगा। तो फिर कौवेने उसके खुले मुखमें मलोत्सर्जन कर दिया। यात्रिक क्रोध से उठा और देखा तो ऊपर डाली पर हंस दिखाई दिया। उसे लगा इसी ने यह गंदा काम किया, इसलिए एक बड़ा डंडा लेकर उसने हंस को बहुत पीटा।

तात्पर्य - तनिक भी दुर्जन का संग, सज्जन मनुष्य के विनाश का कारण बनता है। इसीलिए दुर्जन का सहवास कभी मत करना। यही अंतिम सत्य है।

Vinaya Deo, Pune

Senior Visiting Faculty for M.A. Sanskrit Literature at prestigious Tilak Maharashtra Vidyapith, Pune since 1987



Uncanny Nexus - A journey beyond

DSPPL

Volume 2: Echoes of the Unknown

A Cosmic Revelation in Karuizawa - Part 2 of 2

- Dip. SAC Ashwini Telang, Clinical Psychologist & Director, DSPPL

THE PURSUIT OF WISDOM HAS LED THE SEEKERS TO UNRAVELLING TRUTHS ONCE BURIED IN TIME, BUT WITH EACH REVELATION, THE MYSTERY GROWS DEEPER. WHAT WAS ONCE AN ACADEMIC ENDEAVOUR HAS BECOME SOMETHING FAR GREATER—A FORCE FAR OLDER THAN THEIR UNDERSTANDING, SHAPING EVENTS BEYOND THEIR CONTROL.

HIDDEN MANUSCRIPTS SURFACE, WHISPERS FROM LOST AGES STIR, AND COSMIC FORCES BEGIN TO SHIFT THE BOUNDARIES BETWEEN PAST AND PRESENT. KNOWLEDGE HAS ALWAYS BEEN THEIR GOAL, BUT NOW, AN UNSETTLING REALIZATION SETS IN:

NOT ALL KNOWLEDGE IS MEANT TO BE FOUND. SOME TRUTHS CHANGE EVERYTHING.

THE SECOND VOLUME OF UNCANNY NEXUS PLUNGES THE SEEKERS INTO THE HEART OF FORGOTTEN WISDOM, COSMIC REVELATIONS, AND THE MYSTERIES THAT LIE BEYOND HUMAN PERCEPTION. BUT WHAT THEY UNCOVER NOW WILL ALTER THEIR PATHS FOREVER.

PREVIOUSLY, AT SHOKA UNIVERSITY, JAPAN—

Students from across the world converged through serendipity. Some arrived as friends, others as foes, and many stood at the threshold of self-discovery.

Each approached the assignment through a different lens: some guided by mystery, others by the quiet force of free will shaping destiny.

The mystery whispered its own logic—one not of answers, but of pathways.

Exploration became the first rite.

Experience, the second. And elevation, the silent promise that followed.




 ॥तत्त्वमसि॥

Contd...

The faint pulse grew stronger, the air humming with unseen energy. Then, it started projecting an image of the cosmos... with stars, planets, and constellations swirling around them. The low hum became clearer, "एतत्त्वमसि" (etat tvamasi)

Jigyasa, translating the Sanskrit, said, "It means 'This is what you are!'"

On hearing those words, Aniya feels blissful and serene from within. As Jigyasa pondered upon those words, a thought stirred in her curious mind—was the orb truly speaking to them? Was it revealing something beyond time itself? Avenlee stood frozen, her heartbeat quickening. It wasn't just déjà vu—this place carried an echo of something she had long forgotten. An ancient whisper, buried in time, now stirred within her.

Hyeon sits down near it and his eyes droop enabling him to go into the meditative state, feeling an inexplicable pull—as though the orb carried answers to the questions, he hadn't yet asked.

Dhairya observes that, as all this was happening, the orb began to project the cosmic images and instantly feels a profound connection to the universe while Daiki and Yuki gain a deeper understanding of their place within it.

The carvings and inscriptions on the cave walls seemed to come to life, resonating with the energy from the orb. The entire cave was filled with bright white light exuding from within the orb. Haruka, in awe, whispers, "It's as if the orb is telling us that we're not just observers of the universe, but integral to its design. Every moment, every action feels so interconnected."

Ved, subconsciously adds, "Indeed. This experience is beyond anything we've ever encountered. The Spatik Shiva ling (स्पटिक शिवलिंग) is not just an artifact; it's a key to unlocking ancient wisdom and cosmic secrets."

Dhairya, inspired by the moment, nods while stating, "Hmm... Fascinating! We must document everything carefully—this discovery is invaluable to our research." Yuki, eager to capture every detail, pulled out his pocketbook, his fingers working quickly as he documented the unfolding revelations.





Uncanny Nexus - A journey beyond Volume 2: Echoes of the Unknown

Contd...

As they stood there, absorbing the cosmic display and the profound message of the orb, they realized that their journey of exploration and learning was far from over. The Spatik Shiva ling (स्पटिक शिवलिंग) had opened up a new realm of possibilities and mysteries for them to uncover.

Moments later, there was a flash of bright light that left them blinking, and as their eyes adjusted, they saw an old man standing before them. His presence was neither imposing nor ordinary—it felt as though he had always been here, waiting for them to arrive. He radiated a calm authority. He smiled and introduced himself as “Shambhu.” He then spoke in his husky warm voice, “Children, come. I'll show you how this Spatik Shiva ling (स्पटिक शिवलिंग) is so alive.”

The air seemed to shimmer around him, his form both solid and ethereal. Shambhu’s presence carried an ancient wisdom, as though the universe itself spoke through him. He took them further inside the cave, where he showed them golden leaves on the ground.

Shambhu, pointing at the gold leaves, asked, “Can you see it?”

Yuki said, “Yes! It's like three golden leaves.”

Hyeon immediately sat down to pick it up when suddenly Shambhu stopped him, “Hey! Hyeon, what are you doing? Don't even dare to touch it!” His voice brought shivers down Hyeon’s spine, causing him to trip.

Jigyasa curiously asked, “Why? What's so special about it?”

Shambhu smiled, but before he could answer, Ved, intrigued, asked, “First, tell us how you knew his name?”



Uncanny Nexus - A journey beyond Volume 2: Echoes of the Unknown

Shambhu's smile broadened, "Well, Ved, I've known all of you very well since your birth. I can sense your curiosity, but when the time is right, you'll discover how I know you all."

Shambhu then smilingly looks at Hyeon and Jigyasa adding "As for the bilva patra—its purity is unmatched, as is made from the purest gold. It acts as a divine amplifier, bridging dimensions and connecting the linga to the multiverses for ages."

The group exchanges awed yet uneasy glances, the weight of Shambhu's words sinking in. Jigyasa's voice was barely above a whisper as she questions, "Can it really connect every dimension?"

Shambhu's smile broadens as he answers, "Yes, it holds the power to manifest anything and link the past, present, and future. But tampering with it disrupts the balance of the cosmos, endangering Earth itself as it struggles to restore harmony."

The team stood in stunned silence, absorbing Shambhu's words. Ved finally broke the silence, "So, this Spatik Shiva ling (स्पटिक शिवलिंग) and the golden bilva patra amplify its power?"

Shambhu nodded, "Exactly. The leaves and the Spatik Shiva ling (स्पटिक शिवलिंग) together form a conduit that connects different dimensions and timelines. It's a powerful manifestation of cosmic energy."

Haruka, fascinated, asked, "You mean... it can actually manifest anything?" Shambhu replied, "Yes, but only those who understand and respect its power can harness it. The knowledge it holds is infinite and requires a pure heart and a wise mind to access."

Jigyasa, her curiosity piqued, asked, "What do you mean by connecting to the past and future?" Shambhu's eyes twinkled, "The Spatik Shiva ling (स्पटिक शिवलिंग) can reveal visions from both the past and the future. It can guide those who seek knowledge and wisdom, showing them the path they need to take. But remember, with great power comes great responsibility."

Dhairya, ever the documentarian, said, "We need to include this in our encyclopaedia of rituals and science behind. It's a monumental discovery."

Shambhu smiled, "You've all been chosen for a reason. Your journey of learning and exploration is just beginning. Use the wisdom you gain to better the world around you."



Uncanny Nexus - A Journey beyond Volume 2: Echoes of the Unknown

Contd...

As Shambhu's words echoed in the chamber, the Spatik Shiva ling (स्पटिक शिवलिंग) began to glow even brighter. The team felt a profound sense of purpose and connection to the ancient wisdom they had uncovered.

Shambhu led them back to the entrance of the cave. "Remember, the Spatik Shiva ling (स्पटिक शिवलिंग) is a gift. Use it wisely."

With that, Shambhu vanished as mysteriously as he had appeared, leaving the team with a sense of awe and reverence for the knowledge they had gained. They all, stood in silence for a moment, the weight of Shambhu's words settling over them. Each of them felt a profound sense of purpose, their minds racing with the possibilities that lay ahead.

As they made their way back to their lodge, they discussed the implications of their discovery. They realized that their quest for knowledge had taken on a new dimension, one that connected them to the ancient and the cosmic wisdom.



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Science of Learning Part 27

Who can bind us?



- ca pranjal joshi

Story of a First Parrot and the Cage –

Once there was a brave man who had fought for his country's freedom. One night, he was travelling in the mountains and stayed in a rest house. Inside the rest house he saw something strange. There was a beautiful parrot in a golden cage. All day and all night the parrot kept shouting, "Freedom! Freedom!"

The sound echoed again and again in the mountains.

The man felt sad. "I have seen many birds in cages," he thought, "but I have never seen a parrot crying for freedom like this."

At night, when everyone was asleep, the man quietly opened the cage door, and whispered, "My friend, you are free now. Fly away." But the parrot did not move. It held the bars of the cage tightly. The man said again, "The door is open. The sky is waiting for you." Still, the parrot did not come out.

The man tried to pull the parrot gently. But the parrot bit his hand and kept shouting, "Freedom! Freedom!" The man became angry but also sad. He pulled the parrot out and threw it into the open sky. His hand was hurt, but he felt happy. "I have made one soul free today," he thought and went to sleep.

In the morning, the man woke up and heard, "Freedom! Freedom!" He smiled. "Now the parrot must be singing from a tree," he thought. But when he went outside, he was shocked. The parrot was sitting inside the cage again. The cage door was still open.

Story of a Second Parrot and the Cage –

Long ago in Persia, a rich merchant received a gift from his friend. It was a green parrot in a golden cage. "I brought this special talking parrot from India," his friend said. "Give it chilies, and it will sing beautiful songs." The merchant loved the parrot very much.



Science of Learning Part 27

Who can bind us?

continued...

One day, the merchant said, "I am going to India. Tell me what gifts you want." His wife said, "Please bring me a fine silk cloth." His daughter said, "I want a toy cart that can follow me when I walk."

Then the merchant turned to the parrot. "What do you want, my little friend?" The parrot replied sadly, "If you see green parrots in India, please tell them that I am alive and safe. Tell them I live in a big house in Persia, but inside a cage." The merchant promised and left for India.

After finishing his work, the merchant went to a beautiful garden. He saw many parrots sitting on trees. He said, "I have a message from one of your sisters in Persia."

One parrot flew and sat on his shoulder. "What is the message?" it asked.

"She lives in a big house in a golden cage. I give her good food. She wanted you to know that she is alive and safe," said the merchant.

Suddenly, the parrot on his shoulder shook and fell to the ground. The merchant was shocked. "Oh no! What have I done?" he cried. He tried to wake the parrot, but it did not move. Feeling sad, he returned home.

When he reached home, the parrot in the cage asked, "Did you give my message? What did they say?" The merchant replied sadly, "One parrot fell down and did not move. I think your friend died." Hearing this, the parrot in the cage also became still and fell down.

The merchant cried, "Oh God! Now my dear parrot is dead too!"

He opened the cage and gently took the parrot to the garden to bury it.

But when he placed it on the ground, the parrot suddenly opened its eyes and flew to the wall. The merchant was amazed. "You are alive! Why did you pretend to be dead?"

The parrot smiled and said, "My friend in India was not dead. She was teaching me a lesson. She showed me how I could escape and now I can fly in the Sky. Goodbye!"





Science of Learning Part 27

Who can bind us?

continued...

Closing Note –

So, who can bind us? Not the cage. Not the world. It is our own mind that binds us. But the same mind can set us free as well. Choice is with us.

Learning is not complete when we can repeat something. Learning is complete when it changes how we think, how we act, and who we become.

That is the true Science of Learning. It is not about collecting knowledge, but breaking inner cages, moving from Information to Wisdom.

CA Pranjal Joshi, Pune

Founder Director of DSPPL, Managing partner of CA firm with 22+ Years of experience. Corporate trainer & visiting Faculty for various Management Institutes. Trustee & Financial Advisor to various domestic and International Trusts/NGOs working in the field of sports, medical, employment and Spiritual activities.





Our Attitude decides our Altitude ***Kindness always pays back***

- Krupa Choksi, Director DSPPL, Rajkot

In our Vedic Philosophy, significant importance is given to kindness. Kindness is considered one of the essential, positive, character-building traits, along with truthfulness, non-greed, and self-control. Kindness is often expressed as Dayā (benevolence/charity) and Karuṇā (compassion/empathy), emphasizing active, selfless service to all beings. It is viewed as a divine, liberating virtue that purifies the soul, fosters unity, and recognizes God within every creature, making compassion the highest spiritual practice. Vedic teachings emphasize that true devotion includes compassion towards all, not just humans, as all life is considered interconnected. Kindness arises from a heart filled with compassion and freedom from malice, aiming for the happiness and welfare of everyone.

In Reiki also, among the five Principles, the last one talks about love and respect towards every living being. It is meant to activate our soul consciousness. At the consciousness level, we all are same. Kindness is one of the biggest virtues, and it always pays back.

Recently, I came across a real story of Jennifer Lawrence, a famous actress of Hollywood. She is an American actress and producer. She has starred in both action film franchises and independent dramas, and her films have grossed over \$6 billion worldwide. She was the world's highest-paid actress in 2015 and 2016.

Lawrence began her career as a teenager with guest roles on television. Her first major role was as a main cast member on the sitcom *The Bill Engvall Show* (2007–2009). In 2008, she made her film debut with a supporting role in the drama *Garden Party* and earned the Marcello Mastroianni Award for her performance in *The Burning Plain*. Her breakthrough came with the role of a poverty-stricken teenager in the independent film *Winter's Bone* (2010), for which she earned her first Academy Award nomination for Best Actress. Lawrence achieved international stardom for portraying the mutant Mystique in the *X-Men* film series (2011–2019) and Katniss Everdeen in *The Hunger Games* film series (2012–present). The latter franchise made her character the highest-grossing action heroine of all time.



*Continued...*

When Jennifer was 19 years old and wanted to develop her career as an actress, she went to Los Angeles for an audition, and she broke. She slept in her car outside auditions. A gas station owner, Mr Patel, saw her washing her face in the bathroom every morning at 6:00 AM for 3 months. Mr Patel asked, "You live in car?" Jennifer nodded with embarrassment. Mr Patel said, "Come every morning for free coffee, use bathroom, no problem." He never charged her, even for her phone.

In 2012, Jennifer won an Oscar for Silver Linings Playbook. At the age of twenty-two, Jennifer's worth was \$160,000,000. She tracked down Mr Patel, who was still running the same gas station, working 80-hour weeks. She bought him the entire gas station property for \$3.2 million. Now Mr Patel is an owner of the gas station. The sign at the gas station now says, "Patel station where Oscar winners get their start." Mr Patel has said, "I just gave a coffee, and Jennifer, you gave me humanity when I felt invisible."

Always be kind to everyone. You never know in which form God visits us to bless us.

Krupa Choksi, Rajkot

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 Authored books like Holistic Parenting & Personality Development for modern Youth, jointly with Ms. Ashwini Telang

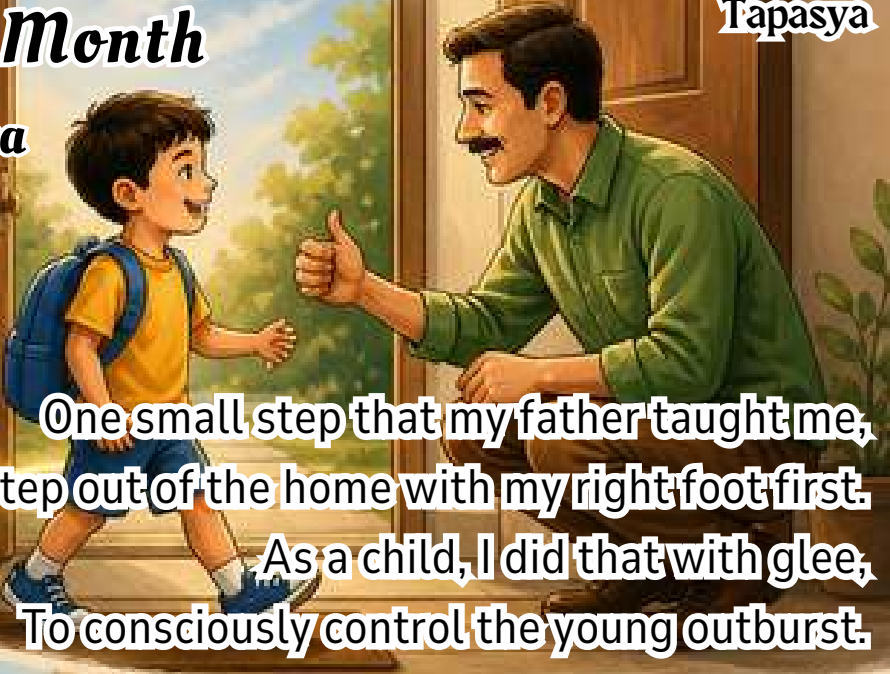


Thought for the Month

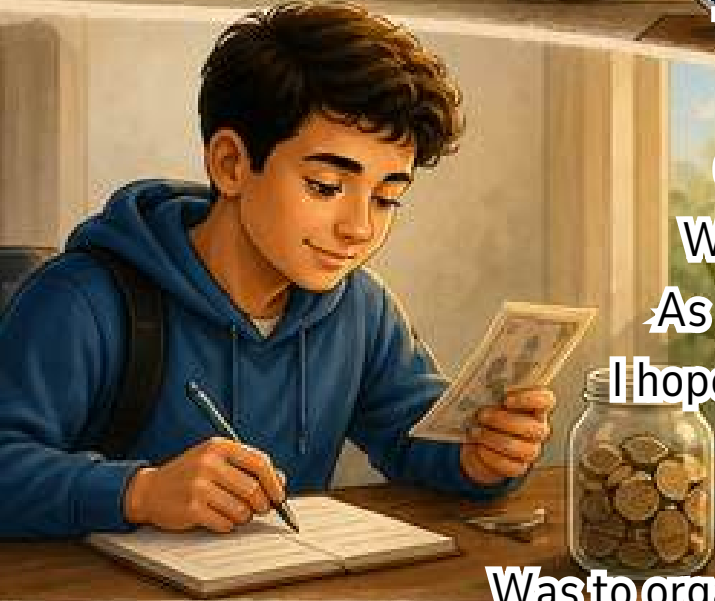
- Viivek, Vadodara

DSPPL


One Small Step



One small step that my father taught me,
Was to step out of the home with my right foot first.
As a child, I did that with glee,
To consciously control the young outburst.



One small step that my mother taught me,
Was to treat the money with all the respect.
As a teenager, I did that while paying the fee,
I hope I learnt to do all the transactions correct.



One small step that my sister taught me,
Was to organize the mind before organizing the shelf.
As a young adult, it helped me manage while I was lonely,
The act of disciplining, living within me like an elf.

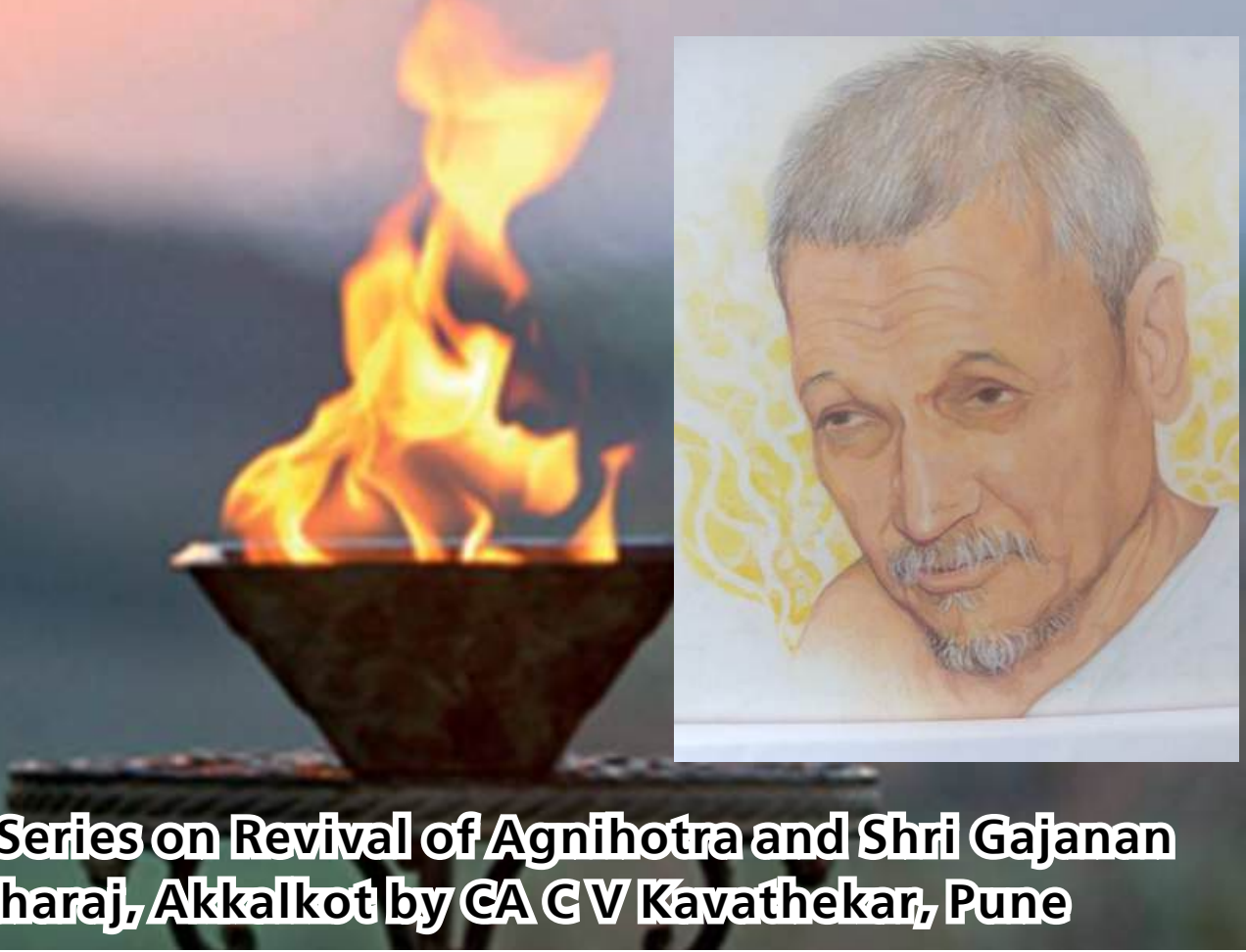
One small step is all that matters to put changes in motion,
Life teaches us at all points the art of moving with caution.
The value of one small step can never be ignored,
It keeps one grounded, and you never get bored.



Viivek, Vadodara

Viivek is an educator and an author. He has been actively involved with most philanthropic activities initiated by Ajit Sir Guruji. Over the years he has contributed many articles and poems. He envisions to see the world walking towards the path of enlightenment.

"अग्निहोत्र जनक" लेखांक २



Article Series on Revival of Agnihotra and Shri Gajanan Maharaj, Akkalkot by CA C V Kavathekar, Pune

पूरी दुनिया मे आजकल लोग सुबह शाम अग्निहोत्र की उपासना कर रहे है, उसके जनक अक्कलकोट शिवपुरी के श्री गजानन महाराज एवम् "श्रीजी", उनकी अधिक विस्तार से जानकारी देने का प्रयास है |

वैसे संत महंत तथा योगी लोगों की पूरी तरह से जानकारी देना आसान नहीं है क्योंकि उनके भक्तजन तथा अनुयायी न की सिर्फ अमर्यादित होते है बल्कि दुनिया के कोने-कोने में फैले होते है | हर एक आदमी का अनुभव अलग हो सकता है | कुछ लोग अपने अनुभूती दुसरे लोगों के साथ शेअर करना उचित नहीं मानते |

श्रीजीका जनम १६ मे, रात के १२ बजने के बाद याने १७ मे प्रातःकाल स. न. १९१८ के दिन खडगपूर (पश्चिम बंगाल के राज्य) मे हुआ | उनके पिता का नाम था स्वामी शिवानंद और उनकी माता सर्व मंगल सोनामाता के नाम से परिचित है | लौकिक अर्थ से देखा जाए तो उनका खानदान आज के छत्तीसगढ स्टेट मे 'राजीम' गाव में रहने वाले थे इसीलिए वे "राजीमवाले" केहेलाते थे |

उनकी माँ सोनामाता साकोरी, याने की महाराष्ट्र राज्य मे सदगुरू उपासनी महाराज की शिष्या थी , जहा उन्होंने दीन- गरीबोंकी सेवा करते करते अखिर उधर ही देहत्याग किया | साकोरी में उनकी समाधी है |





"अग्निहोत्र जनक"

continued...

जब श्रीजी ६ बरस के थे तब साकोरी मे सदगुरु उपासनी बाबा के दर्शन के लिये हैदराबाद के महाराज आए थे | उस समय बाल गजानन को देखते वह प्रभावित हुए और उन्होने बहुत ही सम्मान के साथ उनकी पाद्यपूजा की | जब खुशी से ये बात श्रीजी ने बाबा को बोल दी तब उन्होने कहा- "एक राजाच काय, सर्वच तुझी पूजा करतील. तू ही राजा आहेस व तो ही राजाच आहे." (एक राजा ही नहीं बल्कि सभी राजे तेरी पूजा करेंगे। तू भी एक राजा है और वो भी एक राजा है।) इस उक्ती की प्रचिती मेरे जैसे बहुत भक्तगणोंने देखी है |

श्रीजीके पिताजी स्वामी शिवानंद नाम से जाने जाते थे | वह शिवभक्त होने के नाते उन्होने स्वयं अक्कलकोट गाव के बाहर एक जगह ली थी | जब उन्होने १६ एप्रिल १९५४ में देहत्याग किया तब अक्कलकोट स्टेशनरोड पर उन्हे भूगर्भसमाधी दी गयी | यह वो जगह है जिसे आज लोग 'यज्ञनगरी-शिवपुरी' नाम से जानते है | श्रीजीने कहा है की "यह कैलास है" |

अगले अंकमे श्रीजीका बचपन और पढाईके बारेमे विस्तार से जानकारी देने का प्रयास करेंगे |

CA C V Kavathekar, Pune

Practicing CA for last over 50 years, Sr Agnihotra & Reiki Sadhak, who has blessed by Gajanan Maharaj Akkalkot and has interacted with him on several occasions.



The Magical Piggy Bank That Spoke Only Once - CA Amit Dhadphale

Dear Readers,

Continuing with our series (albeit after a small break!) to convey financial literacy for children by picking up simple bedtime stories and adding a money twist: we are back with a fresh story in this issue. As always, the idea is to keep the language simple, direct, and fun, so that the key take: always quietly sit in the child's mind (and stay there!).

So, tonight... let's listen to a piggy bank that speaks only once.

The Story

Rohan had a shiny piggy bank that felt heavier every week. One night, he slipped in a coin: clink!... the piggy bank whispered, "I will speak only once."

Rohan froze. The room suddenly felt... quieter.

"Every coin you put inside me has a job," it said. "One job is for today. One is for tomorrow. And one is for your big dream. If you make all coins do only today's job, tomorrow will go hungry."

Rohan blinked. "But how do I know which coin is which?"

The piggy bank went silent. Forever.

a) Unwrapping the suspense from the story itself

At first, it sounds like magic. But the real magic is the message: money is quiet. It rarely shouts. It only nudges. And it nudges us with tiny moments: like the choice between a small treat now versus something meaningful later.

Rohan's piggy bank didn't talk about "rich" or "poor". It talked about "jobs". That is the simplest money truth: every rupee you get must be given a role, otherwise it will quietly disappear doing random work. The responsibility is ours to give the meaning and task to that coin!

Financial Literacy for Children Through Stories



DSPPL

*continued...*

b) Financial learnings / takeaways

- Every rupee needs a role: Spend, Save, or Dream (goal).
- Pausing is a superpower: quick spending feels good for a minute; wise spending feels good for much longer.
- Small choices become habits: habits become outcomes (good or messy!).
- The “silent warning” is real: when savings shrink, it is a signal: not bad luck.
- A dream needs funding: wishes are free, but goals need planned coins.

c) How can we implement these in our life?

Let's keep it practical: here are actions a child can actually do (starting this week):

1) The 3: Jar (3: Job) Rule: this has featured multiple times in our past stories also

- Spend Jar: small joys today (a treat, a sticker, a comic).
- Save Jar: something bigger tomorrow (a book set, a game, a school trip).
- Dream Jar: one special goal (bicycle, cricket kit, art supplies, etc.).

2) The 10: second rule (before you buy)

- Before spending, pause for 10 seconds and ask: “Which job was this money supposed to do?” or “Is there any more important job that needs this money?”

3) Make money speak every Sunday (2: minute review)

- What did I spend on?
- What did I save?
- Did I move one step closer to my dream?

4) A tiny game: “Coin Job Cards”

- Write three small cards: Spend / Save / Dream. Each time you receive money, place the coins on the card first, and only then put them in jars. It makes the “job” visible.





d) Conclusion

The piggy bank spoke only once: and that is exactly how money teaches us. It doesn't lecture daily. It teaches through outcomes. If we listen early, we feel calm later.

So, the next time you hold a coin, don't ask, "Can I spend this?" First ask, "What job should this coin do?" That one question can turn a child into a "money-smart adult": quietly, steadily, beautifully.

Financial take: away of the month: Give every rupee a job: otherwise, it will quietly quit.

Points to ponder

- Have you ever spent money and then immediately felt, "Oops... maybe not"?
- What is one "Dream" you would like to fund this year?
- If your piggy bank could speak, what would you want it to warn you about?

Happy Reading, Happy Learning!

CA Amit Dhadphale

PS: Views are personal. Designed to build financial awareness and healthy money habits among children through stories. GenAI was used to develop an iteration of this article. The end product was reviewed and edited by the author before publication.



CA Amit Dhadphale, Pune

CA Amit Dhadphale is an experienced professional and works with one of the Big 4 accounting firms in India



Industry Inspirations



A Witness to History: Six Decades of Journalism in Thane An Interview with Senior Journalist - S. Ramakrishnan

With a career spanning over 60 years, S. Ramakrishnan is a name synonymous with the journalistic landscape of Thane. From covering the 1970 communal riots to being a witness in the Babri Masjid case, his journey is a masterclass in dedication and ethics. In this interview, he shares the milestones of his life.

Q. Welcome Sir. Kindly introduce yourself to our readers.

I am S. Ramakrishnan, a resident of Thane for over 75 years. I am a B.Com graduate with a specialization in Business Management. Currently, I serve as a Correspondent for national news agency PTI for Thane and Palghar districts of Maharashtra. My roots are deeply embedded in the social and cultural movements of Thane, where I have spent my entire life as an accredited senior journalist.

Q: It seems to be an interesting journey. Please Share your professional journey with us.

My journey began remarkably early, at the age of 13, while I was still a student at St. John The Baptist High School. I started with "Pratiyogi" and eventually moved to major English dailies like The Indian Express, Free Press Journal, Mid-Day, and Afternoon and also to UNI national news agency. I also spent significant time with Loksatta.

I've had the privilege of witnessing history firsthand—from the inauguration of the Tarapur Power Station to covering every election in the district for the last 50 years. Whether it was the Madon Commission of Enquiry in 1970 or being the only journalist from Thane to depose in the Babri Masjid case in 2017, my pen has documented the evolution of this region.

Q: Sir, just listening to this itself is creating nostalgia. What are the qualifications required for this occupation?

While a degree in commerce or journalism provides a foundation, this profession demands a "street-level" education. You need fluency in regional languages—my fluency in Marathi was why UNI hand-picked me for the Shiv Sena Dussehra rallies for years. Beyond academics, the experience of being "on the ground" is irreplaceable.



Six Decades of Journalism in Thane

An Interview with Senior Journalist - S Ramakrishnan



Q: Your growth has also been due to learning a regional language. What were the pain areas or challenges of your profession?

Reporting on communal riots, house crashes, and floods requires immense mental fortitude. You are often a witness to human suffering while maintaining the objectivity required for a news slug. Staying neutral while being closely associated with legendary figures like Balasaheb Thackeray or Anand Dighe or any other prominent politician of other parties is a delicate balance one must learn.

Q: We have a blessed opportunity to have known you sir. You had the courage and passion to have a successful career. What were the turning points and inspiring moments of your journey?

The inspiration I drew from Balasaheb Thackeray and Dharmaveer Anand Dighe was pivotal. Writing "Development of Lakes and Islands" for the TMC was a major milestone. I had also penned a book entitled "Hand book on bails". I was handpicked by a prominent advocate for writing the book. Another high point was receiving the "Thane Gaurav" from TMC and the "Lifetime Achievement Award" from the Thane Zilla Patrakar Sangh. These moments remind me that chronicling the truth is a service to the community.

Q. So many laurels you have accomplished. Your dedication and spirit is what is the foundation for the achievements. How have spiritual practices helped your career?

I have pursued spiritual practices for years, especially since coming into the company of my Guruji (Ajit Telang) in 2017. These practices have been my anchor. Journalism is a high-pressure job; spirituality keeps me cool while dealing with different temperaments and volatile situations. It taught me the most important lesson: respect every citizen as an important person and help the needy at all times. I offer my humble prostrations and deepest respects at the lotus feet of Jagadguru Shri Chandrasekharendra Saraswati Shankaracharya Mahaswamigal, the 68th Shankaracharya of the Kanchi Kamakoti Peetham. I hold His Holiness in the highest spiritual esteem and strive to weave his divine teachings into the very fabric of my daily life.

Thank you so much sir for sharing your wonderful experience. It has been an incredible career path. I am sure our youth will be inspired by your journey.



घड़ा और कलश

DSPPL



- जयंती योगेश काटदरे

घर में पूजा थी, इसलिए घर के सभी लोग तैयारी में लगे थे। छोटी परी यह सब देख रही थी। फूल निकालकर जगह पर रखना, रंगोली और फूलों की नक्काशी करना — ऐसे कई छोटे-छोटे काम भी वह बड़ों के साथ कर रही थी। पूजा कराने वाले गुरु जी आए; पूजा भी सब अच्छी तरह से हो गई।

परी ने देखा कि पूजा में एक घड़े में पानी, फूल आदि डालकर आम के पत्ते रखकर उसकी भी स्थापना की थी। उसे सब 'कलश' बोल रहे थे। वैसे तो पानी के लिए जो इस्तेमाल करते थे, वह छोटा-सा घड़ा था। पर आज वह 'कलश' बन गया था।

पूजा के बाद उसमें से सब निकालकर उसे घिसकर फिर से पानी के लिए रख दिया गया। तो परी ने दादी से पूछा, "पूजा में तो वह कलश था और अब वह घड़ा! यह कैसे हुआ? ऐसा क्यों करते हैं?"

दादी नन्ही परी का सवाल सुनकर बहुत खुश हुईं। उन्होंने कहा, "यह बात और बदलाव अगर तुम्हारी समझ में आ गया है तो आगे की बात भी तुम समझ पाओगी। देखो, घड़ा और कलश का बाहरी रूप एक समान हो सकता है, पर उसका स्थान और उसके अंदर की चीजों पर उसका मूल्य तय होता है। आमतौर पर घड़े में पानी भरते हैं, पर कभी-कभी वह खाली भी पड़ा रहता है। या फिर अन्य चीज भी उसमें भरी जा सकती है। पर अगर वह कलश बनता है तो उसके अंदर हर एक चीज विचारपूर्वक भरी जाती है और उसका स्थान पूजा में होता है।"



घड़ा और कलश

DSPPL



continued...

“दादी, हम इंसान भी इसी तरह होते हैं क्या?” यह सुनकर तो दादी को और अच्छा लगा, बहुत आनंद हुआ। फिर भी उन्होंने पूछा, “वह कैसे?”

परी ने कहा, “देखो ना, हम जब रोज ऐसे ही होते हैं तो बहुत खेलकूद करते हैं, टीवी, मोबाइल देखते हैं, झगड़ते हैं। और पापा बोल रहे थे कि हम जो भी देखते हैं, सुनते हैं या करते हैं, वह सब हमारे अंदर जाता है।”

“सही है,” दादी ने कहा। “पर कभी-कभी कुछ महत्वपूर्ण दिन या काम होते हैं, तो हम अपनी हर एक चीज पर बहुत ध्यान देते हैं और ध्यान से करते हैं। बहुत बढ़िया कहा परी तुमने! परी की समझ देखकर दादी को बहुत ही खुशी हुई। उन्होने आगे कहा, “वैसे ही हमारे घड़े के अंदर जो पानी है, उस पानी का तीर्थ तभी बन पाएगा जब लोग यह बात समझ पाएंगे — हम अंदर क्या डाल रहे हैं और हमने कौन-सा स्थान चुना है। इस पर यह तय होता है कि हम घड़ा बने रहेंगे या फिर कलश।”



Article Series - School education for 21st century Skills and the holistic development of students - Part 05

- Dr. Nirav Thakkar,
Ahmedabad

continued from previous edition...

4. Personalized Learning (Personalized Learning)

According to Howard Gardner's theory of Multiple Intelligences, each student's learning method can be different. Therefore, arrangements should be made so that students can receive education through a medium suitable to themselves.

- Adopt study methods by identifying students' strengths.
- Use personalized learning methods through AI-based platforms.
- Skill-based assessment instead of traditional examinations.

Examples:

- Provide opportunities for creative writing for students with strong writing abilities.
- Provide audiobooks for students who are not interested in reading.
- Provide infographics and mind maps for visual learners.

Need for Transformation in Education

With science, technology, and especially Artificial Intelligence, the challenges of the 21st century are such that imagining them now is like struggling against the wind. In these circumstances, incorporating 21st-century skills at the school level is not just necessary but appears inevitable for students' academic as well as practical success.

In this context, for all schools and school administrators, including 21st-century skills in everyday education, and adopting modern educational methods instead of traditional teaching methods, is welcome. Let us, through this new approach, prepare our students for the 21st century and equip them to make the future of Indian youth bright.

Dr. Nirav Thakkar, Ahmedabad

He is the Principal of AES AG Higher Secondary School, Ahmedabad, and a visionary leader with 31 years of extensive experience in education and training. He has been actively working on implementing the New Education Policy (NEP) 2020 in schools. The above article reflects his deep commitment to integrating 21st-century skills and NEP-aligned practices for the holistic development of students.





CONSTITUTION OF INDIA

- **Kalpita Rakesh**

Article 27 - Dheeraj's Aha Moment

(The government cannot use tax money to support or promote any one religion)

(At a hotel near Vaishno Devi Temple. Weather is pleasant. Everyone is cheerful.)

Papa (smiling): Dheeraj, today you take the lead! Decide the breakfast menu, order it... and also calculate the bill!

Dheeraj (excited): Challenge accepted! Uncle! One dosa, one upma, one wada-sambhar. Two orange juices—make it 3 by 2. And 3 coffees after breakfast!

(Waiter nods and leaves)

(Dheeraj quickly calculates)

Dheeraj: Dosa ₹100 + Upma ₹80 + Wada ₹60 = ₹240 . Juice ₹150 × 2 = ₹300, Coffee ₹25 × 3 = ₹75
Total = ₹615! Papa, the bill will be ₹615!

Papa (proud): Excellent!

(After eating, the bill arrives)

Dheeraj (confused): Papa... this says ₹650! I calculated correctly... right?

Papa (reassuring): You did it perfectly, beta The extra amount is tax.

Dheeraj: Tax? What is that?

Papa: The government collects tax from all citizens from their spending's. It uses this money to build Roads ,Schools, Hospitals Security and many such projects.

Dheeraj (thinking): Ohhh... so tax is used for things that help everyone!

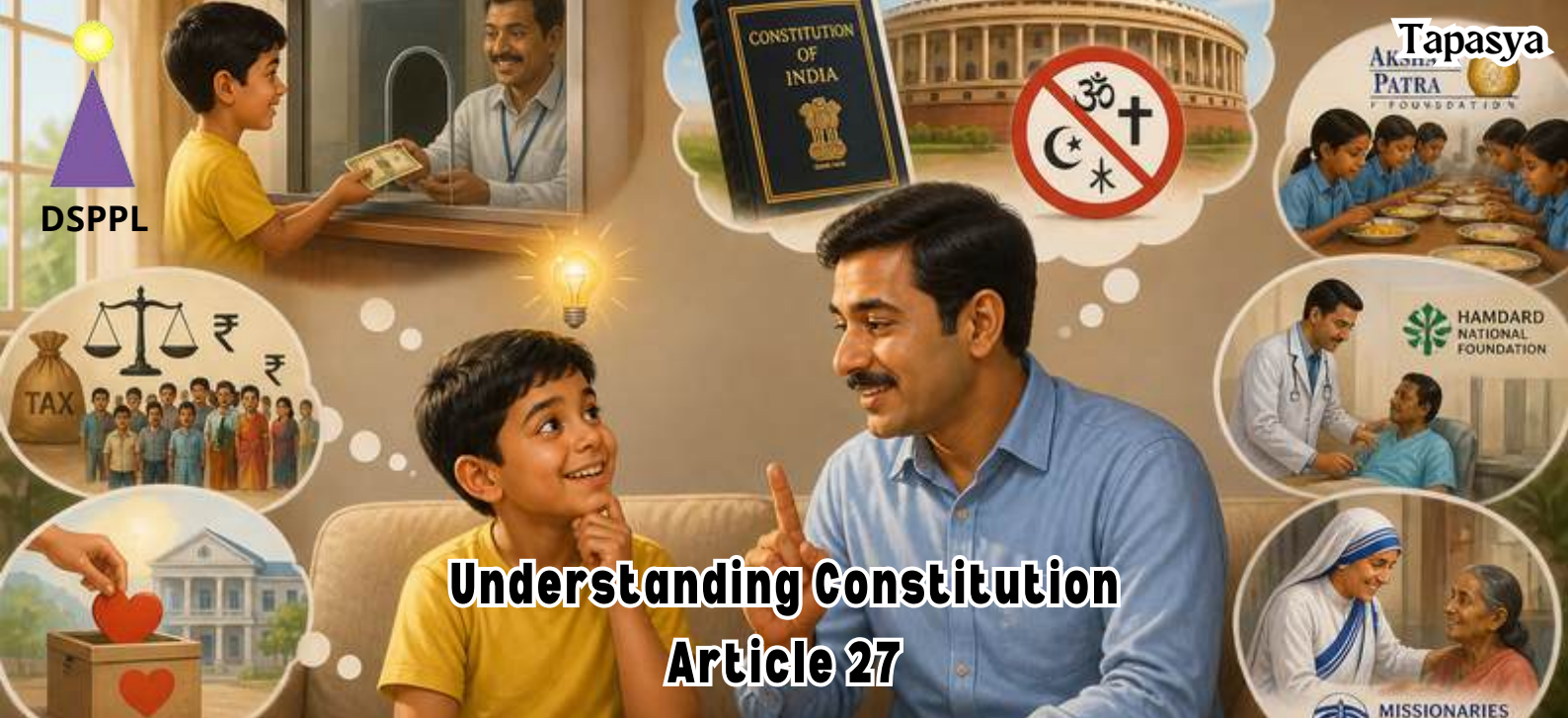
Papa: Exactly

(Dheeraj smiles — his first "Aha moment". After darshan)

Papa: Dheeraj, since you did so well today...I have another task for you Please go and donate ₹2000 at the counter.

Dheeraj (confident):Yes, Papa!But this time, I won't forget tax . How much tax should I add?





Understanding Constitution Article 27

Papa (smiling): No, beta Donations are different. They are given voluntarily, from the heart so the government does not tax such donations.

Dheeraj: Oh! Why?

Papa: Our Constitution says in Article 27: Taxes collected from people cannot be used to promote any one religion. The funds collected from tax cannot be used by promoting a particular religion. And money given as donation for religious or charitable purposes is treated differently and not taxed.

Dheeraj (still thinking): Little confusing...

Papa: Think of it this way: Tax = taken from everyone → must be fair to everyone

Donation = given by choice → either used by the institution for its maintenance or can support a cause. Many organizations use donations to help society:

-**Akshaya Patra Foundation** – feeds children

-**Hamdard National Foundation** – supports healthcare Missionaries of Charity – helps the poor

Dheeraj (confidently): Now I understand!

·Tax = for everyone. Tax money should not support one religion

·Donation = voluntary and helpful. No tax on donation like normal spending

This is Article 27!

Papa (proud): PERFECT!

Kalpita Rakesh Vazhayil, Mumbai

A postgraduate in Inorganic Chemistry from Wilson College, has also completed a Postgraduate Diploma in Materials Management from IIMM and a Certificate Course in Foreign Trade. With over a decade of experience in logistics, her latest venture is Samruddhi Niryat, which aims at promoting health and sustainability through millets. A theater enthusiast who thrives on exploring and learning new fields.



रामायण कथा: ताटिका का अंत

-भाग्यश्री पुरोहित

ताटिका वन का इतिहास श्रवण करने के बाद श्रीराम के मन में प्रश्न आया | यह ताटिका है कौन? कहासे आई? किसकी पुत्री होगी? किसकी पत्नी होगी? श्रीराम ने सारे प्रश्न अपने मधुर वानीसे अपने गुरुदेव से पुछे |

विश्वामित्रजी ने कहा, “सुनो रघुनंदन | यह ताटिका एक यक्षिणी थी | सुकेतू नामक एक यक्ष की कन्या | सुकेतू पहले संतानहीन था | तब उसने ब्रह्मदेव कि तपस्या कि | तपस्या का फल स्वरूप ब्रह्मदेव ने उसे एक कन्यारत्न दिया | साथ ही उस कन्या को सहस्र हाथीओंका बल दिया | वह सुस्वरूप कन्या विवाह योग्य होने के बाद उसका विवाह किसके साथ करे ऐसा प्रश्न सुकेतू को सताने लगा | उसने कन्या का विवाह सुंद नाम के महाबलवान राक्षस से कराया | कुछ समय पश्चात ताटिका को मारीच नामक एक पराक्रमी पुत्र हुवा | यही मारीच हमारे यज्ञसाधानामे बाधा डाल रहा है | वह सुंद राक्षस का पुत्र होके भी जन्मतः राक्षस नहीं था | परंतु वह बहुत उपद्रवी था | वह ऋषीमुनी और सज्जनोंको सताता था | यक्ष होते हुवे भी राक्षसी वृत्ती धारण करने वाले मारीच को अगस्त्य ऋषीने श्राप दिया कि ‘तू सच में राक्षस हो जाए गा |’ अगस्त्य ऋषी के तपोबल के कारण मारीच सच में राक्षस बन गया | अपना पुत्र राक्षस हुवा देख मारीच का पिता सुंद क्रोध से तिलमिल उठा | और क्रोध में आकार अगस्त्य ऋषी पर प्रहार करने दौडा | तब अगस्त्यजी ने एकही क्षणमें सुंद को भस्मीभूत किया |”

राम व लक्ष्मण ताटिका कि कथा बडी मन से श्रवण कर रहे थे | जन्मतः हमे भगवंत जो भी दे देते है वह चीज हम कैसे हमारे दुष्कर्मोंसे खोते है | इसका मारीच एक उत्तम उदाहरण है | ताटिका अपने पतीके मृत्यू से चीढ जाती है और अगस्त्यजी को मारने के लिये उनपर प्रहार करने के लिये दौडती है | तब ऋषी अगस्त्यजी ताटिका को भी श्राप देते है कि ‘तू भी तेरे पुत्र कि तरह अक्राळ विक्राल राक्षसी हो जाएगी |’ तब से यह सुंदर यक्ष कन्या यहा भयंकर राक्षसी बन कर निवास कर रही है |

वैसे देखे तो जन्म से ताटिका अच्छे कुल से थी | उसका पुत्र भी जन्म से राक्षस नहीं था | मगर जब भी हम अपने भावानाओंपर नियंत्रण नहीं कर पाते है | खुद को नहीं संभल पाते है | जब अपने स्वार्थ के कारन सबको परेशानी का सामना करना पड रहा है यह बात हमे समज में हि नहीं आती है तब हमारी वृत्ती राक्षसी बन जाती है |





..continued

विश्वामित्रजीने श्रीराम को ताटिका का अंत करने कि आज्ञा दि। श्रीराम ने जब धनुष्य कि प्रत्यंचा खींच कर टणकार किया तब पुरा ताटिका वन उस आवाज से गुंज गया। उस आवाज से क्रोधीत हो कर ताटिका श्रीराम के सामने आ खडी हो गई। पहले तो उसने तीनों पर पथ्थर का वर्षाव किया। राक्षसी मायावी थी। मायाबल से वह एक हि क्षण में अदृश्य होती थी। श्रीराम ने अपने बाणों के सहाय्यतासे पथ्थरोंका वर्षाव रोक लिया। अब अदृश्य हुवे राक्षसी को मारे कैसे? तब श्रीराम ने शब्दवेधी बाण छोडे। मतलब ऐसे बाण जो आवाज कि ओर छोडे जाते है। ताटिका अदृश्य होने के बावजूद भी दोनो कुमारोंने मिलके ताटिका के मायाबल को तगडा जवाब दिया। मायाबल कुमारोंके सामने कम पड रहा है यह बात समझ में आते हि वह और भी क्रोधीत हो गई। दृश्य स्वरूप में आ कर राम- लक्ष्मण के साथ युद्ध करने लगी। क्रोध के आवेश में दृश्य स्वरूप में आई ताटिका को देख कर एक हि क्षण में राम ने ताटिका को बाण मारा। वह धरतीपर गिर गयी। चारो ओर एकदम शांती फैल गई। श्रीराम ने वन श्राप मुक्त किया। सब देवोंको आनंद हुवा। विश्वामित्रजी ने दोनो कुमारोंपर प्रेम और आशीर्वाद का वर्षाव किया।

आज भी देव, राक्षसोंका अस्तित्व मौजूद है। वह दोनो हमारे भीतर ही रहते है। अच्छा कर्म करने से हमे दैवत्व प्राप्त हो जाता है। बुरा कर्म करने से हमारे अस्तित्व में राक्षसी वृत्ती बढने लगती है। ताटिका यह इसका उत्तम उदाहरण है। हमे क्या बनना है? देव या राक्षस यह चयन स्वयं हमारा है। हमारे कामोंपर यह बात निर्भर है।

Bhagyashree Purohit, Nashik

She is an M.Com and B.Ed qualified educator, currently serving as a teacher in Nashik. Alongside her professional journey, she is a devoted Reiki sadhak,



Article 1: The Mystery of the Missing Words

- Janani Manu, Bengaluru

Have you ever read a story and felt confused because something just did not make sense? Maybe a sentence was missing a word, or the writer did not explain things clearly enough. That is what happens when writing is not as careful as it could be. The good news is, you can fix that.

Here is a story to read slowly:

A detective found a mysterious note that said, "The treasure is buried under the _____ tree, near the _____ rocks, where the _____ flows." Three words are missing. As you read this, notice how hard it is to picture where the treasure actually is. You cannot see it clearly in your mind, can you?

That is exactly what unclear writing does. It leaves your reader guessing. And a reader who has to guess is a reader who might give up.

Reflect: Why do you think those three missing words matter so much? Write down three sentences explaining your thoughts. There is no wrong answer. Just think it through.

Quick tip: After you write anything, read it back to yourself out loud. If you stumble or feel confused, your reader will too. Your writing should feel smooth, like a path without bumps.

Challenge:

- Write a description of your favourite place, in around three sentences. Then read it back slowly.
- Does it paint a clear picture?
- Could someone who has never been there understand exactly what you are describing?

This my dear friends, is when your words are clear and complete, your reader can see the story just as you imagine it.



Janani Manu, Bengaluru

A teacher trainer and public speaking coach for children, have been working with children for 15 years now. Specialise in teaching with innovation and creativity 🥰🙌



DSPPL Events

Two hour Session on Experiential learning 16th April 2026

Two hour Session on Experiential learning, **Experiment- Experience- Elevate** was conducted by Pranjal Joshi on 16th April for the teachers of MES Bal Shikshan Mandir, Pune. Session was attended by about 25 teachers. Experiential Learning has been given a lot of emphasize under New Education Policy. The Session included this aspect but more importantly it combined the DSPPL research on New Generation and Science of Consciousness to go into deeper aspects of Experience and it's vital role in human development. I-K-E-W model developed by our Guruji Ajit Telang Sir was discussed along with his other insights. Session included one spontaneous play, Quiz and Case Study which was well received and appreciated by all the teachers. Principal Manjusha Durve and Supervisor (and Rotary member) Shilpa Yeole were instrumental in arranging this session for the School Teachers. Everyone appreciated efforts of DSPPL in development of New Generation and contribution to the Society.



DSPPL Events

Start of EDUSPOT at various centres across India

DSPPL started EduSPOT - a special one month program for the age group of 5 years to 8 years old students. Total 115 students across 16 locations are attending this program. This was a dream project of our Guruji Ajit Telang Sir which we started in the year 2024, and this is the 3rd year of the program. EduSPOT has a special theme "TAPASYA" where T stands for Thought of the day, A stands for Activity, P stands for Prayer, A stands for Abhyas Katha (Moral story), S stands for stotra, Y stands for Yog, and last A stands for Abhyas (Home work). These little children do all these 7 activities under the assistance of our Sadhak faculties during one hour daily program. This year we have selected Ganesha stories for discussing with the children. The beauty of the program is all our Sadhak faculties consider this program as a part of their Sadhana. This program is a solid foundation of the overall "Pathway to Wisdom" level wise program. DSPPL has started this program backed up by the strong research about New Generation and with an objective of building a "Natural and National Character". Our salute to all the devoted sadhak faculties who are conducting this program with a lot of efforts.



Names of centerwise Sadhak Faculties - **Nasik** - Bhagyashri Purohit ; **Ahmedabad** - Nisarg Mehta, Dipali Upadhyay, Dhara Pandya, Aashvi Sathwara ; **Pune** - Aishwarya Prabhu, Supriya Wadwankar ; **Devrukh**- Kalpita Keer, Arya Khanvilkar ; **Thane (2 Centres)** - Priti Sawant, Amruta Patil ; **Hyderabad** - Madhavi Saptarshi, Urja Pandya, Sona Saptarshi ; **Bangalore** - Beena ; **Rajkot** - Nimisha Bhatt, Sima Trivedi ; **Vadodara** - Ajitha Soman, Santosh Sharma, Vivek Trivedi, Shreya Gokhale ; **Borivali** - Anuja Kher ; **Badlapur** - Rashma Awate ; **Vikhroli** - Karuna Yadav ; **Kurla** - Arundhati Mali ; **Parel** - Jyoti Surve ; **Chiplun** - Jayanti Katdare, Kavya Sathe, Sampada Bapat



DSPPL COMICS

Story: Komal Amol

Illustrations: Ashish

ONE DAY SAHIL COMES TO HIS MOM AND ASKS:

MOM, WHY IS OM CONSIDERED TO BE A PRIMORDIAL SYLLABLE AND MOST IMPORTANT MANTRA?



OM IS PRIMORDIAL SOUND OF THE UNIVERSE. IT IS THE BASIC NAAD, IT IS PRANAV MANTRA AND THE TOPMOST YOGIC PRACTICE. IT CREATES WONDERFUL VIBRATIONS AND POSITIVE ENERGY IN THE ATMOSPHERE.



WOW, HOW CAN IT BE USEFUL TO US?



IT WORKS AS ANTI STRESS AND HELPS TO STRENGTHEN THE IMMUNE SYSTEM. WE DO NOT HAVE ANY CONTROL OVER THE AIR WE BREATHE, THE WATER WE DRINK OR THE FOOD THAT COMES TO US, HOWEVER WE CAN ALWAYS WORK ON MAINTAINING OUR IMMUNE SYSTEM. THAT WAY, IT IS A BLESSING THAT HAS COME TO US.



Komal Amol, Bengaluru

She has been associated with Reiki Vidya Niketan since 2007 and one of our DSPPL teachers for subjects like Ancient Science, Drop IT and Agnihotra. Professionally she is a Software Engineer working in an IT firm in Bangalore.





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